LGBTQ+ Resources

Micro (individual therapy):

- [My New Gender Workbook A Step-by-step Guide To Achieving World Peace Through Gender Anarchy And Sex Positivity](https://catalog.slcpl.org/view.aspx?ctx=1&pos=1&cn=424963)

By *Kate Bornstein*

- [What Is Gay Attachment Trauma and Why Do We All Have It?](https://medium.com/mad-dyke/what-is-gay-attachment-trauma-and-why-do-we-all-have-it-65b54fdb9904) Medium.com

- [LGBTQ Glossary of Terms](https://www.hrc.org/resources/glossary-of-terms?utm_source=GS&utm_medium=AD&utm_campaign=BPI-HRC-Grant&utm_content=454854043836&utm_term=lgbt%20community&gclid=CjwKCAjwlbr8BRA0EiwAnt4MTodoVcKOlqgHdg0l9Q0-nnZwi5iv-2Vmkdy8CX-iPtRth8VsUncVZRoCovoQAvD_BwE)

- [UNC's webpage on exploring LGBTQ+ identities](https://lgbtq.unc.edu/resources/exploring-identities)

Mezzo (Family/Community/faith)

- [Parents and Friends of Lesbians and Gays (PFLAG)](https://pflag.org/)

- LDS LGBTQ: [Affirmation.org](https://affirmation.org/about/) and [Mama Dragons](https://en.wikipedia.org/wiki/Mama_Dragons)

Macro (Policy, Advocacy)

-[Human Rights Campaign (HRC)](https://www.hrc.org/)

- [Equality Utah](https://www.equalityutah.org/)

Local Resources:

- [LGBTQ Affirmative Therapist Guild of Utah](https://www.lgbtqtherapists.com/)

- [Utah Pride Center](https://utahpridecenter.org/)

- [Encircle](https://encircletogether.org/)

- [LGBT Resource Center U of U](https://lgbt.utah.edu/)

Video Lectures

Lyra McKee || How uncomfortable conversations can save lives <https://www.ted.com/talks/lyra_mckee_how_uncomfortable_conversations_can_save_lives>

iO Tillett Wright | Fifty shades of gay <https://www.ted.com/talks/io_tillett_wright_fifty_shades_of_gay>

Adong Judith | How I use art to bridge misunderstanding <https://www.ted.com/talks/adong_judith_how_i_use_art_to_bridge_misunderstanding>

Jenni Chang and Lisa Dazols | This is what LGBT life is like around the world <https://www.ted.com/talks/jenni_chang_and_lisa_dazols_this_is_what_lgbt_life_is_like_around_the_world>

[LZ Granderson: The myth of the gay agenda | TED Talk](https://www.ted.com/talks/lz_granderson_the_myth_of_the_gay_agenda?referrer=playlist-lgbtq_pride#t-11821)

[Andrew Solomon: Love, no matter what | TED Talk](https://www.ted.com/talks/andrew_solomon_love_no_matter_what?referrer=playlist-lgbtq_pride)

[Yoruba Richen: What the gay rights movement learned from the civil rights movement | TED Talk](https://www.ted.com/talks/yoruba_richen_what_the_gay_rights_movement_learned_from_the_civil_rights_movement/reading-list?referrer=playlist-lgbtq_pride)

[Jok Church: A circle of caring | TED Talk](https://www.ted.com/talks/jok_church_a_circle_of_caring?referrer=playlist-lgbtq_pride)

Books

The Celluloid Closet: Homosexuality in the Movies by Vito Russo

Transgender Warriors: Making History from Joan of Arc to Dennis Rodman by Leslie Feinberg

The Velvet Rage: Overcoming the Pain of Growing Up Gay in a Straight Man’s World by Alan Downs

Love Wins: The Lovers and Lawyers Who Fought the Landmark Case for Marriage Equality by Debbie Cenziper and Jim Obergefell

How to Survive a Plague: The Story of How Activists and Scientists Tamed AIDS by David France

Transgender History: The Roots of Today’s Revolution by Susan Stryker

Black on Both Sides: A Racial History of Trans Identity by C. Riley Snorton

Real Queer America: LGBT Stories from Red States by Samantha Allen

A Queer History of The United States by Michael Bronski

Hidden From History: Reclaiming the Gay and Lesbian Past by Martin Bauml Duberman, Martha Vicinus, & George Chauncey

Queer (In)justice: The Criminalization of LGBT People in The United States by Joey L. Mogul

Sapphistries: A Global History of Love Between Women by Leila J. Rupp

Bisexuality and the Eroticism of Everyday Life by Marjorie Garber

Sexual Futures, Queer Gestures, and Other Latina Longings by Juana Maria Rodriguez

Crip Theory: Cultural Signs of Queerness And Disability by Robert McRuer